



Super Duper Me, Incredible You!

Once Upon a Time

Year One

Autumn Term 2026

Rationale for Learning

This term we will taking the children on an exciting learning journey splitting the term into two exciting half term topics.

In the first half term, the children will explore what makes them 'Super Duper' and unique. The children will be encouraged to celebrate their individuality whilst also recognising the importance of family, friends and a sense of belonging. They will identify the special people in their lives and how they contribute to who they are.

In the second half term, we will begin our 'Once Upon a Time' topic. This topic has strong links to both History and Geography. We will read a variety of fairy tales whilst learning about the different characters and the homes in the stories. We will be learning about where we live and how the UK is made up of 4 different countries.

Suggested activities for families to help support learning

- Please read with your child frequently as this will increase their vocabulary and phonic knowledge. The phonics sounds are in the reading record books to practice them as well.
- Practice reading and writing numbers up to 20 and beyond, as well as counting items.
- Practice counting forwards and backwards to 100 and beyond.
- When you are out and about, teach your child to recognise numbers on things like licence plates, doors, road signs, and more.

Key Vocabulary:

Topic – individual, independent, diverse, different, special, traditional, story, fiction, non-fiction

Maths – count, forwards, backwards, more, less, equal, how many, greater, fewer, addition, subtraction, tens, ones.

Measure - heavy, heavier, heaviest, light, lighter, lightest, tall, taller, tallest, short, shorter, shortest, measure.

English – letter, sound, phoneme, digraph, trigraph, sentence, full stop, capital letter, finger space.

Reminders - Please make sure that a labelled PE kit is in the classroom every day. PE is Wednesdays and Thursdays. Send your child a winter kit because the weather is unpredictable throughout the autumn term (tracksuit bottoms and a jumper).



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Study Unit Overview

Mathematics

- Number and Place value and number
- Addition and subtraction – numbers to 20 and beyond
- Measuring
- Shapes and patterns
- Fractions, position and movement
- Counting to and across 100
- Counting in twos, fives and tens
- Number bonds to 10 and 20

Art/Music

- Painting skills and techniques; creating spiral patterns with a range of materials
- Singing and performing
- Composing and performing a 4 beat rhythm.

Computing

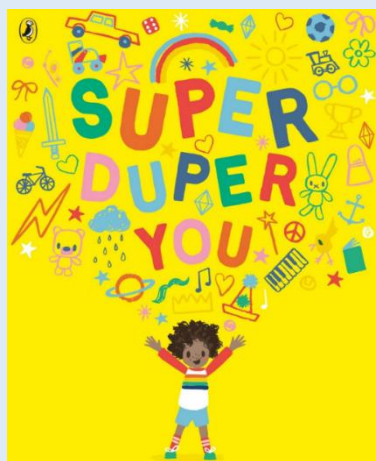
- Parts of a laptop
- Ipads
- Beebots
- Internet safety

E4S (Education for Safeguarding)

- Our rules – Ready, Respectful and Safe
- New beginnings and making choices
- Similarities and differences
- Anti-bullying
- Dealing with worries

English

- Revising Stage 1 phonics and introducing Stage 2 Song of Sounds
- Using simple punctuation in writing, such as capital letters and full stops
- Learning to read and spell Year One tricky (red) words
- Use of the personal pronoun 'I'
- Describe a noun using an adjective, such as a special toy or object from home
- Letter writing
- Writing in the first person
- Diary style writing
- Writing non-fiction
- Instruction Writing
- Reading and sequencing stories
- Acting out stories
- Writing stories in the style of a fairy tale



Geography/History/Design Technology

- How we find out about the past.
- How houses have changed over time.
- Chronology
- Comparing old and new
- Comparing ways of life Victorians and now
- Grace Darling
- Where do we live?
- The UK.
- Exploring mechanisms; making a moving story book

PE

- Multi-skills and fundamentals
- Gymnastics, dance and ball skills
- Fitness and keeping healthy
- Dance

Science

- Naming the parts of the body.
- Parts of a plant
- Trees; Deciduous and evergreen
- Seasonal changes
- Investigating and exploring materials; which is the best material for building a new house for the 3 little pigs?

RE

- Creation stories
- Christmas